

**Ministry Title**

Fibromyalgia Recovery Support Group Leader

Area of Ministry

Witness

Responsible To

Witness Leadership Team

Ministry Description

Fibromyalgia Recovery Group. (This is not an FMS Support Group)

The mission is to provide education, validation, and hope to those diagnosed with FMS/CFIDS who choose as their primary treatment the Guaifenisin Protocol presented in the book What Your Doctor May Not Tell You About Fibromyalgia by St.

Armand/Marek. The goals of the group are to 1) educate about St Armand Protocol, 2) encourage members to learn, 3) direct members to seek physician advice, 4) foster treatment protocol independence, and 4) promote public awareness for the St. Armand Protocol.

Time Required

1 hour per month. long term commitment

Qualifications and Special Skills

Willingness to organize group and the ability to draw group members into discussion.

Skills needed are a nurturing, care giving personality, knowledge of medical condition, and patient advocacy. Spiritual gifts that may be helpful in fulfilling this ministry position include: teaching, knowledge, serving, helpfulness, and belief in miracles.

Unique to this ministry:

Few physicians, let alone people, know about FMS or how to treat it.